

Be Inspired

THE GARNET OF CASA GRANDE | a senior lifestyle community | CASA GRANDE, AZ 85122 | 520-876-4200

THIS MONTH'S *silver star*

JOHNNIE AND VERA ROBINSON

Johnny and Vera were born in Newark, Ark. Johnny's parents' names are Johnny E. Robinson Sr. and Caroline Robinson. Vera's parents are Earmon and Leoma Staggers. Johnny is the oldest of three and Vera has two younger brothers. They met while Johnny was out celebrating his divorce and he was buying rounds of drinks for everyone. When he asked Vera, she did not drink, but he did buy her a soda and she gave him her number at the end of the night. They were married on Feb. 28, 1978. They have three children, two boys and a girl, 10 grandchildren and one great-grandchild. Johnny was a brick mason and welder on high rise buildings, one of the buildings was 75 stories. Vera was a nurse; she worked in the Mesquite Community, a suburb of Dallas. Johnny enjoys dominoes and fighting the government while researching cases. He started volunteering when he retired in 2004 at the Pinal Gila Council for Senior Citizens Advisory Council. This makes him very happy and keeps him active in the Community. Vera likes reading and learning new things with online classes and she volunteered with the Special Olympics. They love the Garnet for the people and the staff, who they think are fantastic!



WE'RE LOOKING FORWARD TO

kentucky derby party!



The Kentucky Derby, first held in 1875 at Churchill Downs racetrack in Louisville, is the longest-running sports event in the United States. Dubbed the "Run for the Roses," the Derby features 3-year-old thoroughbreds racing a distance of 1.25 miles. Today, some 150,000 spectators gather annually on the first Saturday in May at Churchill Downs for the Kentucky Derby, sometimes referred to as "the greatest two minutes in sports." Besides placing bets on horses, Derby fans are famous for drinking mint juleps, singing "My Old Kentucky Home" and wearing flamboyant hats.

In 1973, Secretariat became the fastest Derby winner in history with a time of 1:59.40, a record that still stands.

Three years earlier, in 1970, Diane Crump became the first female jockey to ride in the Derby; she finished 15th in a field of 17 horses. Crump also broke ground in 1969, when she became the first woman to ride in a pari-mutuel race in North America, at Hialeah Park in Florida.

In 1986, 54-year-old Bill Shoemaker broke ground in a different way by becoming the oldest jockey to win the Derby.

Only a few fillies (female horses) have won the Derby; the first to do so was Regret, in 1915.

The first horse to win racing's prestigious Triple Crown — by winning the Kentucky Derby, the Preakness Stakes and the Belmont Stakes — was Sir Barton in 1919, although it wasn't until the 1930s that the three races were widely known by that term.

TRAIN YOUR
BRAIN
*search for
young animals*

D H E I F E R B U N N Y
U **F I L L Y** G D G G E W
C M T F C H I C K A A H
K C D A G K D L R Z G E
L V L W D L G L Z Y L L
I F A N G P I C X E E P
N T O D H N O V C O T S
G E F C G D D L V J D C
D L C H K I T T E N O G
D G D U C G Y O W L E T
I I G X B H C C T C D S
K P F B X G N I L S O G

Bunny
Calf
Chick
Colt
Cub
Duckling
Eaglet
Fawn
Filly
Gosling
Foal
Heifer
Joey
Kid
Kitten
Owlet
Piglet
Tadpole
Whelp
Yearling

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ACTIVITY ROOM — AR
- BACK PATIO — BP
- BINGO ROOM — BR
- CHAPEL — C
- DINING ROOM — DR
- FRONT PATIO — FP
- GAME ROOM — GR
- LIVING ROOM — LR
- LOBBY — L

BIRTHDAYS THIS MONTH

- ALBERT D — 8th
- HERALD W. — 17th
- JESSIE H. — 23rd
- RHEA W. — 23rd

TRANSPORTATION SCHEDULE

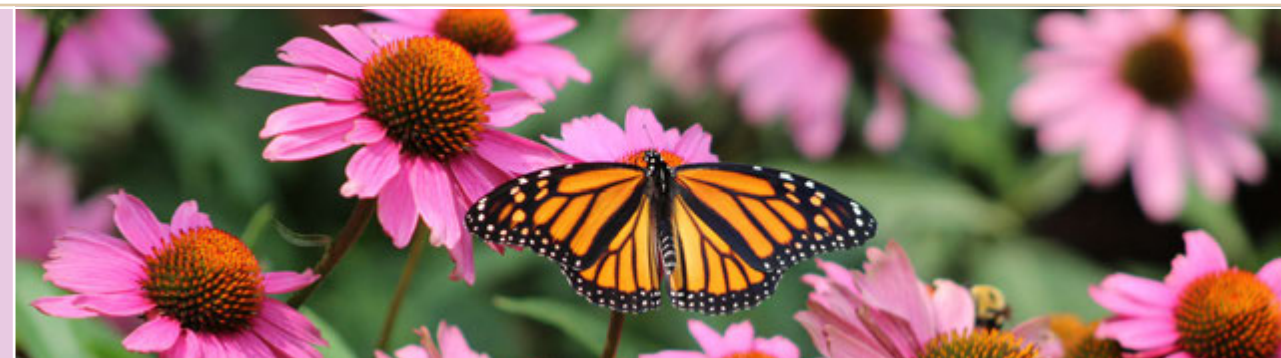
- MONDAY & TUESDAY
9 a.m.
Doctor Appointments
- WEDNESDAY
8:45 a.m.
All Local Shopping and Errands
- SUNDAY
*Departs at 8:30 a.m. & 9:45 a.m.
Church Bus*

OFFICE HOURS

- MONDAY - SUNDAY
8 a.m. - 8 p.m.

“We’re all different. That’s what makes us special.”

—Carrie Underwood



MAY DAY

1

- 8:30 ● Get Up & Go Workout | BR
- 9:30 ● Quarter Bingo | BR
- 1:00 ● Pictionary | BR
- 2:30 ● Kentucky Derby Party | GR

<p>9:30 ● Virtual Games GR 2</p> <p>12:00 ● Hearts Card Game BR</p> <p>12:45 ● Walk Around the Building L</p> <p>1:00 ● Afternoon Aerobics BR</p> <p>1:30 ● UNO Cards BR</p>	<p>8:30 ● Strengthen Your Core Workout BR 3</p> <p>8:45 ● Walk Around the Building L</p> <p>9:30 ● Quarter Bingo BR</p> <p>1:00 ● Loteria BR</p> <p>2:30 ● Afternoon Crafts with Amanda BR</p>	<p>8:30 ● Strength Training Workout BR 4</p> <p>9:30 ● Swimming BP</p> <p>12:30 ● Special Game of the Week GR</p> <p>1:00 ● Mexican Train (Dominoes) BR</p> <p>2:30 ● Choir Practice C</p>	<p>8:30 ● Workout with Weights BR 5</p> <p>9:30 ● Hangman GR</p> <p>10:00 ● Garnet Gossip BR</p> <p>1:00 ● Bingo for Fun BR</p> <p>2:30 ● Cinco de Mayo Party DR</p>	<p>8:30 ● Move to the Music Workout BR 6</p> <p>9:30 ● Blackjack BR</p> <p>1:00 ● Afternoon Book Club GR</p> <p>2:00 ● Skip-Bo BR</p>	<p>8:30 ● Morning Stretch BR 7</p> <p>9:15 ● Fancy Nails BR</p> <p>1:00 ● Swimming BP</p> <p>2:45 ● Chair Volleyball DR</p> <p>6:00 ● Working with Clay on Patio BP</p>	<p>8:30 ● Get Up & Go Workout BR 8</p> <p>9:30 ● Quarter Bingo BR</p> <p>1:00 ● Hangman BR</p> <p>2:30 ● Rummy Cards BR</p>
<p>MOTHER'S DAY 9</p> <p>9:30 ● Wii Games GR</p> <p>12:00 ● Hearts Card Game BR</p> <p>12:45 ● Walk Around the Building L</p> <p>1:00 ● Afternoon Aerobics BR</p> <p>1:30 ● UNO Cards BR</p>	<p>8:30 ● Spiro 100: Balance Boogie BR 10</p> <p>8:45 ● Walk Around the Building L</p> <p>9:30 ● Quarter Bingo BR</p> <p>1:00 ● Hand and Foot Cards BR</p> <p>2:30 ● Afternoon Crafts with Amanda BR</p>	<p>8:30 ● Strength Training Workout BR 11</p> <p>9:30 ● Swimming BP</p> <p>12:30 ● Special Game of the Week GR</p> <p>1:00 ● Mexican Train (Dominoes) BR</p> <p>2:30 ● Happy Hour: Jim Tharp Performs DR</p>	<p>8:30 ● Workout with Weights BR 12</p> <p>9:00 ● Trivia GR</p> <p>10:00 ● Garnet Gossip BR</p> <p>1:00 ● Bingo for Fun BR</p> <p>2:30 ● Choir Practice C</p> <p>6:00 ● Water Aerobics BP</p>	<p>8:30 ● Move to the Music Workout BR 13</p> <p>9:30 ● Hearts Card Game BR</p> <p>1:00 ● Afternoon Book Club GR</p> <p>2:00 ● Skip-Bo BR</p>	<p>8:30 ● Morning Stretch BR 14</p> <p>9:15 ● Fancy Nails BR</p> <p>1:00 ● Cornhole Game GR</p> <p>2:45 ● Chair Volleyball DR</p>	<p>8:30 ● Get Up & Go Workout BR 15</p> <p>9:30 ● Quarter Bingo BR</p> <p>1:00 ● Pictionary BR</p> <p>2:30 ● Skip-Bo BR</p>
<p>9:30 ● Virtual Games GR 16</p> <p>12:00 ● Hearts Card Game BR</p> <p>12:45 ● Walk Around the Building L</p> <p>1:00 ● Afternoon Aerobics BR</p> <p>1:30 ● UNO Cards BR</p>	<p>8:30 ● Strengthen Your Core Workout BR 17</p> <p>8:45 ● Walk Around the Building L</p> <p>9:30 ● Quarter Bingo BR</p> <p>1:00 ● Loteria BR</p> <p>2:30 ● Afternoon Crafts with Amanda BR</p>	<p>8:30 ● Strength Training Workout BR 18</p> <p>9:30 ● Swimming BP</p> <p>12:30 ● Special Game of the Week GR</p> <p>1:00 ● Mexican Train (Dominoes) BR</p> <p>2:30 ● Garden Party on Patio BP</p>	<p>8:30 ● Workout with Weights BR 19</p> <p>10:00 ● Garnet Gossip BR</p> <p>1:00 ● Bingo for Fun BR</p> <p>2:30 ● Choir Practice C</p> <p>6:00 ● Drumming Exercise BR</p>	<p>8:30 ● Move to the Music Workout BR 20</p> <p>9:30 ● Blackjack BR</p> <p>1:00 ● Afternoon Book Club GR</p> <p>2:00 ● Resident Council BR</p> <p>3:00 ● Skip-Bo BR</p>	<p>8:30 ● Morning Stretch BR 21</p> <p>9:15 ● Fancy Nails BR</p> <p>1:00 ● Swimming BP</p> <p>2:45 ● Chair Volleyball DR</p>	<p>8:30 ● Get Up & Go Workout BR 22</p> <p>9:30 ● Quarter Bingo BR</p> <p>1:00 ● Hangman BR</p> <p>2:30 ● Rummy Cards BR</p>
<p>9:30 ● Wii Games GR 23</p> <p>12:00 ● Hearts Card Game BR</p> <p>12:45 ● Walk Around the Building L</p> <p>1:00 ● Afternoon Aerobics BR</p> <p>1:30 ● UNO Cards BR</p>	<p>8:30 ● Spiro 100: Cardio & Action Brain BR 24</p> <p>8:45 ● Walk Around the Building L</p> <p>9:30 ● Quarter Bingo BR</p> <p>1:00 ● Hand and Foot Cards BR</p> <p>2:30 ● Afternoon Crafts with Amanda BR</p>	<p>8:30 ● Strength Training Workout BR 25</p> <p>9:30 ● Swimming BP</p> <p>12:30 ● Special Game of the Week GR</p> <p>1:00 ● Mexican Train (Dominoes) BR</p> <p>2:30 ● Wine Tasting on Patio BP</p>	<p>8:30 ● Workout with Weights BR 26</p> <p>9:00 ● Trivia GR</p> <p>10:00 ● Garnet Gossip BR</p> <p>1:00 ● Bingo for Fun BR</p> <p>2:30 ● Choir Practice C</p> <p>6:00 ● Water Aerobics BP</p>	<p>8:30 ● Move to the Music Workout BR 27</p> <p>9:30 ● Hearts Card Game BR</p> <p>1:00 ● Afternoon Book Club GR</p> <p>2:00 ● Chef's Chat DR</p> <p>3:00 ● Skip-Bo BR</p>	<p>8:30 ● Morning Stretch BR 28</p> <p>9:15 ● Fancy Nails BR</p> <p>1:00 ● Bowling GR</p> <p>2:45 ● Chair Volleyball DR</p>	<p>8:30 ● Get Up & Go Workout BR 29</p> <p>9:30 ● Quarter Bingo BR</p>
<p>12:00 ● Hearts Card Game BR 30</p> <p>12:45 ● Walk Around the Building L</p> <p>1:00 ● Afternoon Aerobics BR</p> <p>1:30 ● UNO Cards BR</p>	<p>MEMORIAL DAY 31</p> <p>8:45 ● Walk Around the Building L</p> <p>9:30 ● Quarter Bingo BR</p> <p>1:00 ● Hand & Foot Card Game BR</p> <p>2:30 ● Afternoon Crafts with Amanda BR</p>					

RECAP: HOW WE STAYED CONNECTED THIS MONTH

march was magical!

We started off the month by making banana parfaits for National Banana Cream Pie day. In Arts and Crafts we made very adorable gnomes for St. Patrick's Day. We watched a virtual castle tour in Ireland, drank Irish coffees and had green beer for our St. Patrick's Day happy hour. Our big event this month was our History of Women's Fashions Party. We had different stations and had different food at each one. I just loved the Tiffany decorated cupcakes!



IT'S OUR PLEASURE TO SERVE YOU ...

word from your leadership team

BENEFITS OF FRESH FLOWERS!

I love that our theme for May is May Flowers! Flowers bring such joy to your day and they even help you physically heal. There are so many benefits of fresh flowers and I have listed a few: They reduce stress, boost mood, bolster your relationships and help your memory. Some flowers even help you with sleep. So I encourage you to take notice of the beautiful flowers outside when you enter our building and if you have the opportunity have some fresh flowers in your apartment.



THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

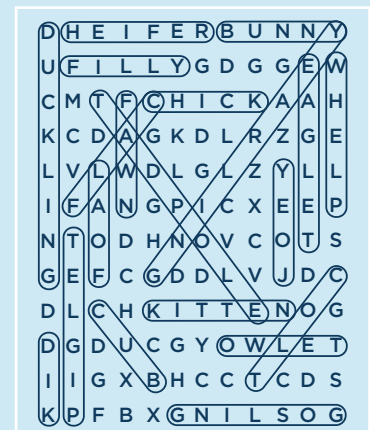
This month we want to recognize our new Director of Plant Operations MARTIN TELLEZ. Martin was born in Casa Grande, Ariz., in 1983. He went to Casa Grande Union High School, and after high school he worked in Flagstaff, Ariz. He has a ranch in Eloy, Ariz., with his wife and kids and they have a goat that thinks he is a dog. He met his wife Reyna opening the door for her at Circle K and they have been together and married for 17 years. They have four children: Martin Jr., 15; Yasmin, 13; Joaquin, 10; and Jaylin, 2. They enjoy fishing and baseball. His favorite team is the Cubs. He likes working here and everyone has been very nice.



MANAGEMENT TEAM

- Tammy Nash, *Executive Director*
- Roxanne Eck, *Director of Resident Programs*
- Crystal Rivera, *Business Office Manager*
- Priscilla Mojica, *Director of Sales & Marketing*
- Misha Murillo, *Dining Services Director*
- Martin Tellez, *Director of Plant Operations*

TRAIN YOUR BRAIN solution



SENIOR LIFESTYLE

your life, your style



PET FRIENDLY