

the **SEPTEMBER 2020** newsletter

# Be *Inspired*

FOX POINT | INDEPENDENT LIVING | a Senior Lifestyle community | MCHENRY, IL 60050 | 815-385-9840

## WE'RE LOOKING FORWARD TO *meet paulina, the program director at fox point*

Hello Dear Residents!

My name is Paulina Hoefficker and I'm the new Program Director at Fox Point. I have been given the amazing opportunity to coordinate fun, enriching and engaging activities for all of you.

Let me tell you about myself! I live a very active lifestyle. Health and fitness are important to me so I make sure to exercise daily. I also enjoy spending quality time with my family and being in nature. I'm easy-going, friendly and genuinely interested in people, so please don't hesitate to stop by the Activities Office and say hello! I'm always available to hear your ideas and I want to know what you are interested in. My team and I are here to provide experiences that will bring you joy.

I am very excited to join this wonderful team here at Fox Point and I look forward to meeting you!



## THIS MONTH'S *silver star*

PLEASE WELCOME JOAN CANN TO FOX POINT

It is with much pleasure that I introduce everyone to our new resident Joan Cann, our Silver Star for September.

Joan was born in St. John, Mo., and raised in Nebraska City, Neb.

A self-proclaimed nomad, Joan and her late husband, Cal, enjoyed living in different states during their 68 years of marriage. A big part of their marriage was Cal's passion for golf. She recalls him as being an intellectual reader who loved to discuss politics.

They raised two children together: Cherie, who lives in McHenry with her husband, Ed; and their son, Gary who resides in Georgia with his wife, Cindy. Joan has five grandchildren and seven great-grandchildren.

During her work years, Joan worked as a closing officer for a residential development company in Illinois. She describes herself as a "jack of all trades" in that position which she enjoyed very much.

An avid reader, Joan has a preference for historical fiction novels. She likes playing bridge, word board games and is interested in genealogy. She's a social, friendly person who is known in her family circle for collecting wine goblets.

We are thrilled to have you here with us at Fox Point Joan. Welcome to our wonderful community!



## TRAIN YOUR BRAIN

*search for words three-letter animals and birds*

C	O	W	M	Z	B	G	Y	S	A	E	M
S	G	D	E	M	U	A	A	S	S	U	U
D	D	F	G	D	D	G	K	G	P	G	D
F	H	K	O	G	G	L	D	H	D	D	P
G	E	J	C	X	E	D	F	C	F	I	D
R	N	D	A	G	X	F	G	V	G	S	G
X	A	F	X	Y	C	N	K	W	S	D	E
C	S	T	C	K	U	A	C	E	S	F	A
V	D	K	V	D	U	D	V	R	<b>O</b>	<b>W</b>	<b>L</b>
B	E	B	K	G	O	D	H	G	W	D	C
G	P	V	H	B	C	G	O	H	C	C	A
B	A	T	G	V	Y	H	G	E	V	V	T

- Ape
- Asp
- Ass
- Auk
- Bat
- Cat
- Cow
- Dog
- Elk
- Emu
- Fox
- Gnu
- Hen
- Hog
- Jay
- Owl
- Pig
- Rat
- Sow
- Yak



independent living

BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- ACTIVITY ROOM — AR
- DINING ROOM — DR
- EXTENDED ACTIVITY ROOM — EAR
- FRONT COURTYARD — FCY
- FRONT ENTRANCE — FE
- LIBRARY — L
- LOBBY — LB
- MANOR — M
- PARLOR — PRL
- PATIO — P
- PRIVATE DINING ROOM — PDR

TRANSPORTATION SCHEDULE

- MONDAY  
10 a.m.  
*Manor Outing Trips*
- TUESDAY  
8 a.m.-3 p.m.  
*Medical Transportation*
- WEDNESDAY  
1 p.m.  
*Shopping Day & Bank Run*
- THURSDAY  
8 a.m.-3 p.m.  
*Medical Transportation*
- FRIDAY  
10:30 a.m.-3 p.m.  
*Outing Trips*
- SUNDAY  
9:05 a.m.  
*Church Transportation*

OFFICE HOURS

DAILY  
8 a.m.-8 p.m.

www.SeniorLifestyle.com  
Activities are subject to change



<p>8:00 ● Wellness Checks</p> <p>10:00 ● Resident Guest Visits  FCY</p> <p>10:45 ● Resident Guest Visits  FCY</p> <p>11:30 ● Resident Guest Visits  FCY</p> <p>1:00 ● Resident Guest Visits  FCY</p> <p>1:30 ● Popcorn &amp; Movie</p> <p>2:30 ● Mail Delivery &amp; Special Deliveries</p> <p>3:00 ● Trivia  PRL</p>	<p><b>LABOR DAY</b></p> <p>8:00 ● Wellness Checks</p> <p>10:30 ● Exercise South Wing</p> <p>2:30 ● Mail Delivery &amp; Special Deliveries</p> <p>3:00 ● Trivia with Joe  PRL</p>	<p>8:00 ● Wellness Checks</p> <p>10:00 ● Resident Guest Visits  FCY</p> <p>10:30 ● Exercise South Wing</p> <p>10:45 ● Resident Guest Visits  FCY</p> <p>11:30 ● Resident Guest Visits  FCY</p> <p>11:30 ● Bingo (Floor 3 North Wing)</p> <p>1:00 ● Resident Guest Visits  FCY</p> <p>1:30 ● Bingo (Floor 1)</p> <p>2:00 ● Bingo (Floor 2)</p> <p>2:30 ● Mail Delivery &amp; Special Deliveries</p> <p>2:30 ● Snack Cart Passes</p> <p>4:00 ● Resident Guest Visits  FCY</p>	<p>8:00 ● Wellness Checks</p> <p>10:00 ● Resident Guest Visits  FCY</p> <p>10:30 ● Exercise South Wing</p> <p>10:45 ● Resident Guest Visits  FCY</p> <p>11:30 ● Resident Guest Visits  FCY</p> <p>11:30 ● Bingo (Floor 3 North Wing)</p> <p>1:00 ● Resident Guest Visits  FCY</p> <p>1:30 ● Bingo (Floor 1)</p> <p>2:00 ● Bingo (Floor 2)</p> <p>2:30 ● Mail Delivery &amp; Special Deliveries</p> <p>2:30 ● Wine Down Wednesday</p> <p>4:00 ● Resident Guest Visits  FCY</p>	<p>8:00 ● Wellness Checks</p> <p>10:30 ● Exercise South Wing</p> <p>11:30 ● Bingo (Floor 3 North Wing)</p> <p>1:30 ● Bingo (Floor 1)</p> <p>2:00 ● Bingo (Floor 2)</p> <p>2:30 ● Mail Delivery &amp; Special Deliveries</p> <p>2:30 ● Snack Cart Passes</p> <p>3:00 ● Family Feud  PRL</p>	<p><b>PATRIOT DAY</b></p> <p>8:00 ● Wellness Checks</p> <p>10:00 ● Resident Guest Visits  FCY</p> <p>10:30 ● Exercise South Wing</p> <p>10:45 ● Resident Guest Visits  FCY</p> <p>11:30 ● Resident Guest Visits  FCY</p> <p>1:00 ● Resident Guest Visits  FCY</p> <p>2:30 ● Mail Delivery &amp; Special Deliveries</p> <p>3:00 ● Happy Hour</p> <p>4:00 ● Resident Guest Visits  FCY</p>	<p>8:00 ● Wellness Checks</p> <p>1:30 ● Saturday Movie in the Parlor  PRL</p> <p>2:00 ● Social Time on Patio  P</p> <p>2:30 ● Mail Delivery &amp; Special Deliveries</p> <p>2:30 ● Snack Cart Passes</p>												
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RECAP: HOW WE STAYED CONNECTED THIS MONTH

# fox point dining room is open for business!

It is with great pleasure that we have been able to open the Dining Room so that the residents can once again enjoy a nice meal with their friends.

We did have to add a third seating time to each meal along with social distancing, and we have assigned seats just to make the process smoother.

It is really great to see all of you down in the Dining Room. It has made everyone feel connected again and there is definitely more action now in the Living Room area.

Thank you Fox Point Dining staff, for making the residents here at Fox Point feel so good.



## THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE,  
APPRECIATION,  
RESPECT, TEAMWORK

I know most of you have seen SKYLAR, our HEART Hero for the month!

Skylar is one of the Servers in the Dining Room. She is a very caring person who is also charming and has a great sense of humor.

Skylar has lived in McHenry since she was in the 4th grade. She lives with her parents, has a brother in high school and a 6-year-old Golden Retriever named Maeve. When I asked who she liked better, her brother or Maeve, the answer was Maeve.

Her favorite thing to do is travel. She travels a lot with her family. One of her favorite places to travel is Hawaii. Last December she went to Punta Cana and thought it was beautiful. Her bucket list for travel is to visit the Mediterranean Island.

Skylar has been at Fox Point for one year and said that she really loves the residents best. Along with her job here at Fox Point, Skylar has been going to school to be a surgical technician. She is taking some time off right now with everything going on, but her goal is to someday travel the world helping people in need. Skylar is truly a HEART Hero.



IT'S OUR PLEASURE TO SERVE YOU ...

## word from your leadership team

WHERE DID THE SUMMER GO?

The Leaders here at Fox Point realize that this has been a very different summer for all of the residents and staff here at Fox Point.

The Fox Point community has done an amazing job at moving forward through this pandemic. Activities are starting to open more, families are visiting and the Dining Room is up and running.

We know this has been a stressful time for EVERYONE, but our community is proof that when you all stick together, you can make things work!

We want to thank the staff and the residents at Fox Point for being so amazing!

## MANAGEMENT TEAM

- Elizabeth Dreyer, *Executive Director*
- Jessica Miller, *Business Office Manager*
- Judy Nordschow, *Director of Sales & Marketing*
- Scott Paro, *Dining Services Director*
- Caitlin Czyzowicz, *Health and Wellness Director*
- Paulina Hoefflicker, *Resident Program Director*
- Dan Hoaglund, *Director of Maintenance*

## TRAIN YOUR BRAIN solution



SENIOR LIFESTYLE

your life, your style



PET FRIENDLY