

# Be Inspired

CASTLE POINTE AT BAYWINDE | INDEPENDENT LIVING | a Senior Lifestyle community | WEBSTER, NY 14580 | 585-670-7300

## THIS MONTH'S *silver star*

PAT KELLY

Our Resident of the Month for May is Pat Kelly, who has been at Baywinde for about 10 months. Originally from Ohio, she has lived in Webster since 1954. She came to the Rochester area with her parents and three siblings, for her father's job. She did have a very happy childhood, so choosing a single favorite memory was difficult. However, sitting on the landing eavesdropping on an adult party did come to mind. She has four kids of her own (three boys and one girl) and has family all over the country. Her favorite place to visit in the U.S. is Devil's Tower National Monument in Wyoming. Her favorite activities include reading and walking — as we all have seen Pat with her walking sticks. Although her time here has been delineated by Covid, she definitely appreciates all the security and safety measures taken on behalf of residents and employees, as "the staff here is wonderful." Her optimism and enthusiasm for life is evident to everyone and resounds in the advice she would give a young person — "always look ahead. I'm still looking ahead." The one thing people may not know about Pat is that she is actually shy, but admits that "once you get me to start talking, you can't get me to stop!" It is a pleasure having Pat as part of our Baywinde family.



Pat Kelly is our Silver Star this month.

## WE'RE LOOKING FORWARD TO *better together* *may 2021*

This month for our Better Together theme, we will be celebrating the Ages of May in honor of Older Americans Month. We will of course be embracing the big holidays — Mother's Day, Cinco de Mayo, Armed Forces Day and Memorial Day. But we will also be recognizing events such as Teacher Appreciation Day and the Kentucky Derby, icons such as Bob Hope, Liberace and John Wayne, and "institutions" such as Hershey's and Ben & Jerry's. As the Covid-19 restrictions ease, we've been able to restore bi-weekly restaurant outings, all of your favorite card games and front porch activities to the calendar. We have also introduced the warm weather ice cream favorites of Root Beer Floats and Sunday Sundaes. Enjoy the month of May!



Sundae Sundays are back!

TRAIN  
YOUR  
BRAIN  
*search  
for young  
animals*

D	H	E	I	F	E	R	B	U	N	N	Y
U	F	I	L	L	Y	G	D	G	G	E	W
C	M	T	F	C	H	I	C	K	A	A	H
K	C	D	A	G	K	D	L	R	Z	G	E
L	V	L	W	D	L	G	L	Z	Y	L	L
I	F	A	N	G	P	I	C	X	E	E	P
N	T	O	D	H	N	O	V	C	O	T	S
G	E	F	C	G	D	D	L	V	J	D	C
D	L	C	H	K	I	T	T	E	N	O	G
D	G	D	U	C	G	Y	O	W	L	E	T
I	I	G	X	B	H	C	C	T	C	D	S
K	P	F	B	X	G	N	I	L	S	O	G

Bunny  
Calf  
Chick  
Colt  
Cub  
Duckling  
Eaglet  
Fawn  
Filly  
Gosling  
Foal  
Heifer  
Joey  
Kid  
Kitten  
Owlet  
Piglet  
Tadpole  
Whelp  
Yearling



independent living

BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- ATRIUM — A
- BAY CLUB — BC
- CHAPEL — C
- CLUB LOUNGE — CL
- DINING ROOM — DR
- FITNESS CENTER — FC
- FRONT PORCH — FP
- GAME ROOM — GR
- GAZEBO — G
- HARBOR ROOM — H
- LIBRARY/CONFERENCE ROOM — L/CR
- PRIVATE DINING ROOM — PDR
- SAGE HARBOR — SH
- SIGN UP — \*
- SODA SHOPPE — SS
- SUN PARLOR — SP
- TV AND PUZZLE ROOM — TV
- WELLNESS CENTER — WC

TRANSPORTATION SCHEDULE

- MONDAY  
10 a.m.-noon  
Wegmans
- TUESDAY  
9 a.m.-3 p.m.  
Medical Appointments
- WEDNESDAY  
9 a.m.-3 p.m.  
Medical Appointments
- THURSDAY  
9 a.m.-3 p.m.  
Medical Appointments
- THURSDAY  
12:30-2 p.m.  
Errands In Webster
- FRIDAY  
9 a.m.-3 p.m.  
Medical Appointments

BIRTHDAYS THIS MONTH

JOHN JOHNSTON — 1st  
DAWN MONTI — 1st (Employee)  
DIANE COCILOVA — 4th (Employee)  
JAN RHORS — 5th  
MCKENZIE O'KEEF — 5th (Employee)

BETTY WAHL — 6th  
CARTER VANGEE — 9th (Employee)  
GRACE VANGEE — 9th (Employee)  
DANIEL ZAMPINO — 9th (Employee)  
BARBARA ALLEN — 16th

PAUL VANGELLOW — 17th  
KATHY WOJCIECHOWSKI — 19th (Employee)  
JOAN SHUTTLEWORTH — 26th



MAY DAY

1

- 10:30 ● Exercising the Mind Puzzle Packets Pickup | A
- 11:00 ● Exercise Video Class | H
- 1:00 ● Pinochle | BC
- 1:30 ● Skip-Bo Card Game | H
- 2:00 ● Dominoes | L/CR
- 3:00 ● Famous Paintings Coloring Club | H
- 7:00 ● Movie Night | TV

- 10:30 ● Exercising the Mind Group Activity | SS 2
- 11:30 ● Retired Horses From the Kentucky Derby | H
- 2:00 ● Mint Julep Social | H
- 3:00 ● Left, Right, Center. Bring Nickels | BC
- 7:00 ● Movie Night | TV

- 10:00 ● Wegmans Shopping | \*
- 10:30 ● Exercise with Cindy | H 3
- 11:30 ● Great Course: Greece and Turkey | H
- 1:00 ● Pay Me Card Game | BC
- 1:00 ● Scenic Ride to Highland Park | \*
- 2:00 ● Frankie Valli Day Activity | H
- 2:45 ● Penfield Library Book Checkout | SS
- 3:00 ● Front Porch Fun | FP
- 7:00 ● Rosary | C

- WEAR YOUR NAME TAG DAY 4
- 10:30 ● Stretching Exercises with Cindy | H
- 11:30 ● History of Jamaica | H
- 2:00 ● Teacher Appreciation Social | DR
- 3:00 ● Gardening Club | H
- 6:45 ● Bridge Club | BC
- 7:00 ● Hand and Foot | H

- 10:30 ● Exercise with Cindy | H 5
- 11:30 ● Great Course: Greece and Turkey | H
- 2:00 ● 500 Cards | BC
- 2:00 ● Celebrating Cinco de Mayo | A
- 3:00 ● Where in the World? Wednesday | H
- 7:00 ● Euchre | BC
- 7:00 ● Movie Night | TV

- 10:00 ● Dominoes | L/CR 6
- 10:30 ● Hand and Stretching Exercises for Arthritis | H
- 11:15 ● Coffee Chat with Kristen/Jen | SS
- 11:30 ● Bob Hope's USO Show | H
- 1:00 ● Errands in Webster | \*
- 2:00 ● Happy Hour Music with Marianna | DR
- 3:15 ● Classic Comedy Show | H
- 6:30 ● Pokeno | H
- 6:45 ● Bridge Club | BC
- 7:00 ● Kings in the Corner | SS

- 10:00 ● Trivia with Friends | H 7
- 11:00 ● Resident Council Meeting | L/CR
- 11:00 ● Exercise with Cindy | H
- 1:30 ● Afternoon Euchre | BC
- 2:00 ● Making Milky Way Brownies | H
- 3:15 ● Milky Way Galaxy Documentary | H
- 6:30 ● Hand and Foot | GR
- 7:00 ● Bingo | H

- 10:30 ● Exercising the Mind Puzzle Packets Pickup | A 8
- 11:00 ● Exercise Video Class | H
- 1:00 ● Pinochle | BC
- 1:30 ● Skip-Bo Card Game | H
- 2:00 ● Dominoes | L/CR
- 3:00 ● Famous Paintings Coloring Club | H
- 7:00 ● Movie Night | TV

- MOTHER'S DAY 9
- 10:30 ● Exercising the Mind Group Activity | SS
- 11:30 ● Mother's Day Trivia and Puzzles | H
- 12:00 ● Mother's Day Dinner for All Residents | DR
- 3:00 ● Left, Right, Center. Bring Nickels | BC
- 3:00 ● Tribute to Mothers | H
- 7:00 ● Movie Night | TV

- 10:00 ● Wegmans Shopping | \* 10
- 10:30 ● Exercise with Cindy | H
- 11:30 ● Great Course: Greece and Turkey | H
- 11:45 ● Lunch Outing at Flagherly's | \*
- 1:00 ● Pay Me Card Game | BC
- 2:00 ● Famous Mothers | H
- 3:15 ● Mother Ocean Day Activities | H
- 7:00 ● Rosary | C

- WEAR YOUR NAME TAG DAY 11
- 10:30 ● Stretching Exercises with Cindy | H
- 11:30 ● Ambassador Club | SS
- 2:00 ● Ladies' Tea Social | PDR
- 3:00 ● Flowers in Art | H
- 6:45 ● Bridge Club | BC
- 7:00 ● Hand and Foot | H

- 10:30 ● Exercise with Cindy | H 12
- 11:30 ● Great Course: Greece and Turkey | H
- 2:00 ● Food Meeting | DR
- 2:00 ● 500 Cards | BC
- 3:00 ● Who Was Florence Nightingale? | H
- 7:00 ● Euchre | BC
- 7:00 ● Movie Night | TV

- 10:00 ● Dominoes | L/CR 13
- 10:30 ● Hand and Stretching Exercises for Arthritis | H
- 11:15 ● Coffee Chat with Kristen/Jen | SS
- 11:30 ● Right Brain vs. Left Brain | H
- 11:30 ● Resident Council Luncheon | PDR
- 12:30 ● Errands in Webster | \*
- 2:00 ● Happy Hour Music with Mike Burrell | DR
- 3:15 ● History of the Apple Pie in America | H
- 6:30 ● Pokeno | H
- 6:45 ● Bridge Club | BC
- 7:00 ● Kings in the Corner | SS

- 10:00 ● Trivia with Friends | H 14
- 11:00 ● Exercise Video | H
- 1:30 ● Afternoon Euchre | BC
- 2:00 ● Making Poppy Pins for Memorial Day | H
- 3:15 ● Armed Forces Day: Military History | H
- 6:30 ● Hand and Foot | GR
- 7:00 ● Bingo | H

- 10:30 ● Exercising the Mind Puzzle Packets Pickup | A 15
- 11:00 ● Exercise Video Class | H
- 1:00 ● Pinochle | BC
- 1:30 ● Skip-Bo Card Game | H
- 2:00 ● Dominoes | L/CR
- 3:00 ● Famous Paintings Coloring Club | H
- 7:00 ● Movie Night | TV

- 10:30 ● Exercising the Mind Group Activity | SS 16
- 11:30 ● Liberace and the London Philharmonic | H
- 2:00 ● Horseshoes on the Front Porch | FP
- 2:00 ● Sunday Sundaes | H
- 3:00 ● Left, Right, Center. Bring Nickels | BC
- 3:00 ● Bingo | H
- 7:00 ● Movie Night | TV

- 10:00 ● Wegmans Shopping | \* 17
- 10:30 ● Exercise with Cindy | H
- 11:30 ● Great Course: Greece and Turkey | H
- 1:00 ● Pay Me Card Game | BC
- 1:00 ● Ice Cream Outing to Abbott's | \*
- 2:00 ● Strawberries: Facts, Trivia and Tasting with Jenn | FP
- 3:00 ● History of the Carousel | H
- 7:00 ● Rosary | C

- WEAR YOUR NAME TAG DAY 18
- 10:30 ● Stretching Exercises with Cindy | H
- 11:30 ● International Museums of the World | H
- 2:00 ● All Resident Meeting | DR
- 3:00 ● All About Halley's Comet | H
- 6:45 ● Bridge Club | BC
- 7:00 ● Hand and Foot | H

- 10:30 ● Exercise with Cindy | H 19
- 11:30 ● Great Course: Greece and Turkey | H
- 2:00 ● 500 Cards | BC
- 2:00 ● All About Ben and Jerry's Ice Cream and Tastings | H
- 3:15 ● Modge Podge Box Craft | H
- 7:00 ● Euchre | BC
- 7:00 ● Movie Night | TV

- 10:00 ● Dominoes | L/CR 20
- 10:30 ● Hand and Stretching Exercises for Arthritis | H
- 11:15 ● Coffee Chat with Kristen/Jen | SS
- 11:30 ● Celebrating Dolley Madison | H
- 12:30 ● Errands in Webster | \*
- 2:00 ● Happy Hour: Jeff Elliott | DR
- 3:15 ● The Joy of Roosters! | H
- 6:30 ● Pokeno | H
- 6:45 ● Bridge Club | BC
- 7:00 ● Kings in the Corner | SS

- 10:00 ● Trivia with Friends | H 21
- 10:30 ● Blood Pressure Check | BC
- 11:00 ● Exercise with Cindy | H
- 1:30 ● Afternoon Euchre | BC
- 2:00 ● New Resident Welcome Party | A
- 3:00 ● History of Pizza | H
- 6:30 ● Hand and Foot | GR
- 7:00 ● Bingo | H

- 10:30 ● Exercising the Mind Puzzle Packets Pickup | A 22
- 11:00 ● Exercise Video Class | H
- 1:00 ● Pinochle | BC
- 1:30 ● Skip-Bo Card Game | H
- 2:00 ● Dominoes | L/CR
- 3:00 ● Famous Paintings Coloring Club | H
- 7:00 ● Movie Night | TV

- 10:30 ● Exercising the Mind Group Activity | SS 23
- 11:30 ● All About Rosemary Clooney and Her Music | H
- 2:00 ● Root Beer Float Social | H
- 3:00 ● Left, Right, Center. Bring Nickels | BC
- 3:00 ● Bingo | H
- 7:00 ● Movie Night | TV

- 10:00 ● Wegmans Shopping | \* 24
- 10:30 ● Exercise with Cindy | H
- 11:30 ● Great Course: Greece and Turkey | H
- 11:45 ● Lunch Outing to Uno's | \*
- 1:00 ● Pay Me Card Game | BC
- 2:00 ● Manhattan Monday | FP
- 3:00 ● Front Porch Games | FP
- 7:00 ● Rosary | C

- WEAR YOUR NAME TAG DAY 25
- 10:30 ● Stretching Exercises with Cindy | H
- 11:30 ● All About Ralph Waldo Emerson | H
- 2:00 ● Pickle Tasting | H
- 3:00 ● The History of Pickles | H
- 6:45 ● Bridge Club | BC
- 7:00 ● Hand and Foot | H

- 10:30 ● Exercise with Cindy | H 26
- 11:30 ● Great Course: Greece and Turkey | H
- 2:00 ● 500 Cards | BC
- 2:00 ● Men's Club with Mark and Michael | PDR
- 2:15 ● Crafting with Kristen | H
- 3:15 ● Celebrate the "Duke" | H
- 7:00 ● Euchre | BC
- 7:00 ● Movie Night | TV

- 10:00 ● Dominoes | L/CR 27
- 10:30 ● Hand and Stretching Exercises for Arthritis | H
- 11:15 ● Coffee Chat with Kristen/Jen | SS
- 11:30 ● Cranium Crunches for the Brain | H
- 12:30 ● Errands in Webster | \*
- 2:00 ● Happy Hour: Music with John Dady | DR
- 3:15 ● Naval Legends: The Bismark | H
- 6:30 ● Pokeno | H
- 6:45 ● Bridge Club | BC
- 7:00 ● Kings in the Corner | SS

- WEAR BERMUDA SHORTS DAY 28
- 10:00 ● Trivia with Friends | H
- 11:00 ● Exercise with Cindy | H
- 1:30 ● Afternoon Euchre | BC
- 2:00 ● Resident Monthly Birthday Party | A
- 3:00 ● Yarn Yackers | H
- 3:00 ● Bermuda Day on the Front Porch | FP
- 6:30 ● Hand and Foot | GR
- 7:00 ● Bingo | H

- 10:30 ● Exercising the Mind Puzzle Packets Pickup | A 29
- 11:00 ● Exercise Video Class | H
- 1:00 ● Pinochle | BC
- 1:30 ● Skip-Bo Card Game | H
- 2:00 ● Dominoes | L/CR
- 3:00 ● Famous Paintings Coloring Club | H
- 7:00 ● Movie Night | TV

- 10:30 ● Exercising the Mind Group Activity | SS 30
- 11:00 ● Memorial Day Puzzles and Trivia | SS
- 11:30 ● Hershey Park History | H
- 2:00 ● Hershey Chocolate Milk and Cookie Social | H
- 3:00 ● Left, Right, Center. Bring Nickels | BC
- 3:00 ● Bingo | H
- 7:00 ● Movie Night | TV

- MEMORIAL DAY 31
- 11:00 ● Memorial Day Trivia and Puzzles | H
- 12:00 ● Memorial Day Dinner for All Residents | DR
- 1:00 ● Pay Me Card Game | BC
- 3:30 ● Red, White and Blue Popsicles | FP
- 7:00 ● Rosary | C





RECAP: HOW WE STAYED CONNECTED THIS MONTH

# march was a full month!



Lucy is at it again now that we have live music at Happy Hour!



Residents are up on their feet for Happy Hour with entertainment back in the building!



Residents learned how to paint cherry blossoms with our Memory Care Director, Jenni.



Everybody is a little Irish on St. Patrick's Day!



Men's Club with Mark and Michael

## THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

This month's HEART Hero is CORY HAMEL, who has been the Sous Chef at Castle Pointe for 6 years. A lifelong Webster resident, he enjoys spending time with his family and friends, and with his dog, Jimmy. He likes taking road trips to visit his younger sister and godson in Georgia. As a longtime athlete, he considers himself "a sports person" as he played football, lacrosse and ran four half marathons. He began his career in food service as a dishwasher and quickly rose through the ranks to his current position. He enjoys expressing his creativity through his love of cooking. As an exceptional team player, he is fast and efficient, and always maintains a friendly and cooperative demeanor. His caring manner extends beyond the kitchen, as he genuinely cares about and enjoys his interactions with the residents. His Supervisor, Ethan Drake, considers Cory "an asset to the Dining Department" and states that he "has a great culinary future ahead of him." We are very lucky to have Cory on our Baywinde team!



Cory is our HEART Hero this month.

## IT'S OUR PLEASURE TO SERVE YOU ... word from your leadership team

APRIL SHOWERS BRING MAY FLOWERS!

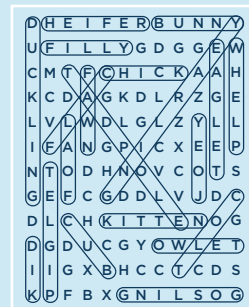
"May the sunshine surround you each new day, and may smiles and love never be far away." — Catherine Pulsifer

Happy May, Baywinde! As we get into the season of spring and promises of nice weather, there are so many exciting things happening in our community! We will be celebrating the big holidays for the month, as well as our "Celebrating the Ages" theme. We can all look forward to activities out on our front porch with warmer weather on its way. May will be filled with sunshine, both inside and out!

## MANAGEMENT TEAM

- Jennifer La Fountain, *Executive Director*
- Kristen LaBrie, *Associate Executive Director*
- Cindy Caprio, *Director of Resident Programs*
- Lory Preston, *Business Office Manager*
- Rebecca Jaffarian, *Director of Sales & Marketing*
- Geoffrey Buckert, *Dining Services Director*
- Kathy Urbanski, *Dining Room Manager*
- Mark Preston, *Director of Plant Operations*
- Jenni Coon, *Memory Care Director*
- Yolanda MyHand-McNeil, *Health and Wellness Director*
- Amber Wade, *Resident Program Coordinator*
- Fairuz Al-Ubaidi, *Resident Program Assistant*

TRAIN YOUR BRAIN solution



SENIOR LIFESTYLE



PET FRIENDLY

your life, your style