

Be Inspired

BELLA VISTA MANOR | a Senior Lifestyle community | OSHKOSH, WI 54901 | 920-233-6667

THIS MONTH'S *silver star*

JEANNE GARTNER

Jeanne was born in Cincinnati, Ohio, the daughter of Clifford and Grace Hood. The blessed event occurred on July 27, 1930. She and her family were city dwellers and enjoyed the pleasant atmosphere



Jeanne is always so kind to everyone she meets!

of Cincinnati and later the smaller city of Chillicothe, Ohio. Jeanne's father, Clifford Hood, was highly respected around Chillicothe, Ohio, where Jeanne grew up. He was a District Manager for the Metropolitan Insurance Company. He was a valued friend of those in need and had a reputation of generosity. Jeanne's mother, Grace, was a great cook and passed on her culinary artistry to Jeanne. Jeanne's husband, Ken, says, "Especially fried chicken!" Jeanne attended school in Chillicothe, Ohio and went on to secondary education at Wittenberg University in Springfield, Ohio, a private liberal arts college. When asked about her major, she says she was only interested in her future husband, Ken. She majored in Ken. The first job Jeanne had was at a department store as a sales lady in the Ladies Wear Department. She married Ken at age 19 and continued to work there for a few years after they were married. They moved to Neenah, Wis. when Ken was transferred there and they lived there 26 years. After retirement, they moved to Lady Lake, Fla., in the greater Orlando area where they enjoyed retirement and golfing for 30 years. Ken says she was a good golfer. They have also visited England. They have been happily married for 69 years. They fondly recall their dog, a Sheltie, who lived for 17 years and was a perfect dog. They have three children, two girls and a boy. They also have six grandchildren, two that they have, unfortunately, never seen in England. They moved to Bella Vista about three years ago and have been enjoying their life together here ever since. The happy couple describe their experience here at Bella Vista as, "good people, helpful, and great Caregivers." Jeanne continues to enjoy her stay with us at Bella Vista.

JOIN US THIS MONTH FOR

pay it forward!

In the month of January, our theme is Pay It Forward. On Tuesdays throughout the month of January, at 9 a.m., we will Pay It forward with the Exercise Fitness Challenge. On Sunday, Jan. 13, it will be a day to Reflect and Pray for someone in need.



The residents at Bella Vista delivered door decorations to Lakeshore Manor over the holidays!

On Wednesday, Jan. 16, at 2 p.m., we will Pay It Forward with Chair Painting with Jason, our Maintenance Director, for our Longest Day Event. On Tuesday, Jan. 22, at 10 a.m., we will visit the Oshkosh Humane Society to Pay It Forward. We will visit the animals and deliver collected items to the shelter. On Wednesday Jan. 23, it will be a day to connect and Pay It Forward with a Storytelling Workshop with Beth, the Activity Director. On Tuesday, Jan. 29, at 10 a.m., the residents will Pay It Forward and donate collected books to the Oshkosh Public Library. Hope you are able to join in the fun of Pay It Forward in January!

TRAIN YOUR BRAIN *sudoku solution on back*

		3		5			
	2				7	3	9
5				2	6		4
3				1			
	5	8				6	1
				8			7
	1		4	3			5
9		7	8				2
				7			6

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

BIRTHDAYS THIS MONTH

- ARTHUR SENN — 1st
- JOSHUA NSENGA — 1st (Employee)
- GATAR NDANYUZWE — 1st (Employee)
- CAROL FISHER — 3rd
- REBECCA WILLIS — 5th (Employee)
- BETTY PETERSON — 5th
- BOB SIMMONDS — 6th
- MOLLY EISENHAUER — 6th (Employee)
- LOIS BIRR — 8th
- AUDREY MCBRIAR — 10th
- MACKENZIE CONRADT — 13th (Employee)
- BETH WALLER — 13th (Employee)
- KELSEY BERGUM — 19th (Employee)
- RON JOHNSON — 20th
- GENE GOODWIN — 20th
- ROBERT KOEPKE — 23rd
- CHULANE LOR — 24th (Employee)
- BETTY VANDERSEE — 25th
- PENNY LEATHERMAN — 27th



LOCATIONS		ART ROOM (ROOM 301) — AR		DINING ROOM — DR		ENTERTAINMENT & THEATER ROOM — TR		B—Fit Studio — BF		LOUNGE ROOM — LR		BISTRO — BS		SUNROOM — SR		CREATIVE STUDIO — CS																																																																																																																																																	
NEW YEAR'S DAY 1																																																																																																																																																																	
10:45 ● Bingo SR	11:30 ● Moving to the Beats/Daily chronicles SR	1:15 ● Devotions for Your Soul SR	1:45 ● Featured Film LR	3:10 ● Reading, Reminsicing & Laughing LR	5:00 ● Reflecting with Our Caregivers! DR	10:00 ● Morning Stretch SR	10:30 ● Devotions with Pastor Paul (Lutheran) LR	10:45 ● Daily Chronicles SR	2:00 ● Robin Williams Autobiography DR	3:00 ● Nail and Hand Care SR	4:00 ● Name That Bird Sound SR	5:00 ● Music and Memories DR	10:00 ● Pay It Forward: Say a Pray for Someone in Need LR	10:45 ● Bingo SR	11:30 ● Moving to the Beats/Daily chronicles SR	1:15 ● Devotions for Your Soul SR	1:45 ● Featured Film LR	3:10 ● Reading, Reminsicing & Laughing LR	3:15 ● Hot Cocoa and Cookie Social SR	5:00 ● Reflecting with Our Caregivers! DR	10:00 ● Morning Stretch SR	10:45 ● Daily Chronicles SR	11:00 ● Circle Me a Story Day (Write in a Circle) SR	11:30 ● Name 5 Game SR	2:00 ● Visiting Japan Series LR	3:00 ● Nail and Hand Care SR	4:00 ● Singalong SR	5:00 ● Music and Memories DR	10:30 ● Pay It Forward Exercise Challenge SR	10:45 ● Daily Chronicles SR	11:00 ● Kings Corner Card Game SR	2:00 ● Poetry in the Work place SR	3:00 ● Celebrating January Birthdays SR	4:00 ● Word Searches SR	5:00 ● Meditating DR	9:00 ● Grocery Shopping at Piggly Wiggly	10:30 ● Rosary with Barb SR	10:45 ● Daily Chronicles SR	11:00 ● Balloon & Bean bag Toss SR	1:45 ● Catholic Communion SR	2:15 ● Reading the Almanac 2019 LR	3:00 ● Bingo SR	4:00 ● Word Searches/ Word Mix Ups SR	6:00 ● Meditation listening to soft music SR	9:00 ● Pick 'n Save	10:30 ● Rosary with Barb SR	10:45 ● Daily Chronicles SR	11:00 ● Balloon & Bean bag Toss SR	2:00 ● Singing with Pat DR	2:00 ● Guest Speaker John Holland Oshkosh Fire Department DR	3:00 ● Bingo SR	3:45 ● Soups on Day! Name How Many? SR	6:00 ● Meditation listening to soft music SR	10:00 ● Kindness Cards to Our Caregivers LR	10:00 ● Energy & Stretching Exercising SR	10:30 ● Daily Chronicles SR	11:00 ● Sleep Tips and Quiz SR	2:00 ● Pet Therapy SR	3:00 ● Humor Me LR	4:00 ● BHU Fun Facts SR	6:00 ● Reminisce SR	10:00 ● Mindful Movements SR	10:45 ● Daily Chronicles SR	11:00 ● Make a Snowflake Day SR	2:00 ● Reading a Chapter of "Little House on the Prairie" SR	3:00 ● Happy Hour/Music J.T. Dog SR	3:45 ● Yathzee Game SR	6:00 ● Laughter Therapy/ Care Staff LR	10:45 ● Bingo SR	11:30 ● Lifting and Bending SR	1:15 ● "Wheel of Fortune" SR	1:45 ● Featured Film LR	3:15 ● Social Saturday: Hot Chocolate and Cookies SR	3:25 ● Riddles, Proverbs and Jokes SR	6:00 ● Sharing Stories DR	10:00 ● Cookies to Fire Escape Staff	10:00 ● Energy & Stretching Exercising SR	10:45 ● Daily Chronicles SR	11:00 ● BHU: Fun Facts SR	2:00 ● Beth or Julie's Pet Therapy SR	3:00 ● Humor Me/Riddles SR	4:00 ● Yahtzee Fun SR	6:00 ● Reminisce SR	10:00 ● Mindful Movements SR	10:45 ● Daily Chronicles SR	11:00 ● Define It! SR	2:00 ● Reading a Chapter of "Little House on the Prairie" SR	3:00 ● Happy Hour/Music J.T. Dog SR	6:00 ● Laughter Therapy/ Care Staff LR	10:45 ● Bingo SR	11:30 ● Lifting and Bending SR	1:15 ● "Wheel of Fortune" SR	2:15 ● Matinee: Featured Film LR	3:25 ● Riddles, Proverbs and Jokes SR	6:00 ● Sharing Stories DR	10:00 ● Walmart	10:30 ● Rosary with Barb SR	10:45 ● Daily Chronicles SR	11:00 ● Balloon & Bean bag Toss SR	1:45 ● Catholic Communion SR	2:15 ● Hello Dolly Day SR	3:00 ● Bingo SR	4:00 ● Slang 101 SR	6:00 ● Meditation listening to soft music SR	10:00 ● Energy & Stretching Exercising SR	10:45 ● Daily Chronicles SR	11:00 ● Brain Food Snack Bars SR	2:00 ● Beth or Julie's Pet Therapy SR	3:00 ● "Jeopardy!"/ Bowling Wii SR	4:00 ● Dice Scrabble/Board Game SR	6:00 ● Reminisce SR	10:00 ● Mindful Movements SR	10:45 ● Daily Chronicles SR	11:00 ● Who Are You? SR	2:00 ● Reading a Chapter of "Little House on the Prairie" SR	3:00 ● Happy Hour/Music J.T. Dog SR	4:00 ● Memories of Our Times SR	6:00 ● Laughter Therapy/ Care Staff LR	10:25 ● Daily Chronicles SR	10:45 ● Bingo SR	11:00 ● Trivia of the Month's End SR	11:30 ● Lifting and Bending SR	1:15 ● Slang 101 SR	3:15 ● Social Saturday: Hot Chocolate and Cookies SR	3:25 ● Riddles, Proverbs and Jokes SR	6:00 ● Sharing Stories DR	9:00 ● Dollar Store	10:30 ● Rosary with Barb SR	10:45 ● Daily Chronicles SR	11:00 ● Balloon & Bean bag Toss SR	1:00 ● Pay It Forward: Storytelling Workshop with Beth LR	2:00 ● Apple Pies to Oshkosh Police Department	2:00 ● Singing with Pat DR	3:00 ● Bingo SR	4:00 ● Crossword Puzzles/ Hidden Picture SR	6:00 ● Meditation listening to soft music SR	10:00 ● Energy & Stretching Exercising SR	10:30 ● Daily Chronicles SR	11:00 ● Humor Me/Riddles of January SR	2:00 ● Who R You? SR	3:00 ● Relaxing with a Story Time to Remember LR	4:00 ● What Happened in Oshkosh 150 Years Ago? SR	6:00 ● Reminisce SR	<p>HAIR SALON TUESDAY - THURSDAY 9 a.m.-2 p.m. FRIDAY & SATURDAY By Appointment</p> <p>TRANSPORTATION SCHEDULE WEDNESDAY 9 a.m. Grocery Shopping FRIDAY 11:30 a.m. Restaurant Outing</p>																	
MARTIN LUTHER KING JR. DAY 21																																																																																																																																																																	
NEW YEAR'S DAY 1																																																																																																																																																																	
NEW YEAR'S DAY 2																																																																																																																																																																	
NEW YEAR'S DAY 3																																																																																																																																																																	
NEW YEAR'S DAY 4																																																																																																																																																																	
NEW YEAR'S DAY 5																																																																																																																																																																	
NEW YEAR'S DAY 6																																																																																																																																																																	
NEW YEAR'S DAY 7																																																																																																																																																																	
NEW YEAR'S DAY 8																																																																																																																																																																	
NEW YEAR'S DAY 9																																																																																																																																																																	
NEW YEAR'S DAY 10																																																																																																																																																																	
NEW YEAR'S DAY 11																																																																																																																																																																	
NEW YEAR'S DAY 12																																																																																																																																																																	
NEW YEAR'S DAY 13																																																																																																																																																																	
NEW YEAR'S DAY 14																																																																																																																																																																	
NEW YEAR'S DAY 15																																																																																																																																																																	
NEW YEAR'S DAY 16																																																																																																																																																																	
NEW YEAR'S DAY 17																																																																																																																																																																	
NEW YEAR'S DAY 18																																																																																																																																																																	
NEW YEAR'S DAY 19																																																																																																																																																																	
NEW YEAR'S DAY 20																																																																																																																																																																	
NEW YEAR'S DAY 22																																																																																																																																																																	
NEW YEAR'S DAY 23																																																																																																																																																																	
NEW YEAR'S DAY 24																																																																																																																																																																	
NEW YEAR'S DAY 25																																																																																																																																																																	
NEW YEAR'S DAY 26																																																																																																																																																																	
NEW YEAR'S DAY 27																																																																																																																																																																	
NEW YEAR'S DAY 28																																																																																																																																																																	
NEW YEAR'S DAY 29																																																																																																																																																																	
NEW YEAR'S DAY 30																																																																																																																																																																	
NEW YEAR'S DAY 31																																																																																																																																																																	

EVENT RECAP

snowflakes celebrations and holiday happenings at bella vista!

The event recap for the month of January was our Resident and Family Holiday Party events. The theme was Snowflakes and Celebrations. Our annual Christmas Party was an evening for residents and families to get together and enjoy the sights, sounds and aromas of this beautiful time of the year. The Oshkosh Lourdes Madrigal Singers were in house for some holiday tunes, and TJ and Lynn were our music entertainment. There was a visit from Santa and pictures for our family albums. It was the time of year to collect canned food items, fill the Toys for Tots box, and support the Boys and Girls Club. I am proud to be part of all of these holiday happenings at Bella Vista!



Thank you to Lakeshore Manor for decorating one of our trees for our Holiday Celebrations at Bella Vista!

THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION,
RESPECT, TEAMWORK

ANDREA GOODRICH was born at Mercy Medical Center, the place she now works at. She spent her childhood years growing up in Oshkosh and Milwaukee. She attended Oaklawn Grade School, Merrill Middle School and graduated from Oshkosh North High School. She recalls growing up with her two sisters, Kya and Kimberly, that they loved art, spending time at the library and outdoors. Andrea has a daughter, Jazaaliyah, who was born on Thanksgiving Day in 2015. She will turn three years old this November. Andrea will start Paralegal School for the winter semester at UW Oshkosh. One interesting thing about Andrea is her dream is to one day work in the courtroom and be a judge. In her spare time, Andrea enjoys spending time with her daughter, reading, listening to music, cooking and watching movies. She added her favorite movie is "Poetic Justice." Andrea started working at Bella Vista in March of 2017 in the Housekeeping Department. She loves getting to know the residents and listening to the stories and life lessons they share with her. Her passion is helping the residents in any way she can!



Andrea is always willing to lend a hand to our residents in any way she can!

IT'S OUR PLEASURE
TO SERVE YOU ...

*word from
your executive
director*

A NEW YEAR!

As we begin a New Year, I want to extend my most sincere gratitude for the warm welcome upon my return. It is truly a blessing to be back where I feel like I am home. With a fresh New Year, I will continue to work to ensure Bella Vista feels like home to you and listen to any ideas you may have. Stay warm this winter season and enjoy some really amazing events and activities right here at Bella Vista.

Becki Kiefer,
Executive Director

MANAGEMENT TEAM

Beth Waller, *Director of Resident Programs*
Emilie Dahm, *Business Office Manager*
Julie Maslowski, *Director of Sales & Marketing*
Sean Maroney, *Dining Services Director*
Jason Van Matre, *Director of Plant Operations*
Krystal Bittner, *LPN, Assisted Living Manager*
Jackie Mullins, *Manager of Nursing*

TRAIN YOUR BRAIN solution

7	4	3	9	5	8	1	6	2
8	2	6	1	4	7	3	5	9
5	9	1	3	2	6	7	4	8
3	7	9	6	1	2	5	8	4
2	5	8	7	9	4	6	1	3
1	6	4	5	8	3	2	9	7
6	1	2	4	3	9	8	7	5
9	3	7	8	6	5	4	2	1
4	8	5	2	7	1	9	3	6



 SENIOR
LIFESTYLE
your life, your style