

# Be Inspired

BARRINGTON OF WEST CHESTER | a Senior Lifestyle community | WEST CHESTER, OH 45069 | 513-777-4457

## THIS MONTH'S *silver star*

Wayne Achtermann was born March 2, 1938, in Morrow, Ohio. He has an older brother and sister. His best childhood memory was being raised on a farm. Wayne attended school in Morrow and went on to college at Wilmington for his bachelors and Xavier for his Masters in Counseling. In school, Wayne's favorite subject was drafting. Wayne also was a member of the baseball, basketball and track team during his high school years.

Wayne met his wife, Jeweldiene, in high school. They have two daughters and 11 grandchildren. Wayne's best adult memory was when his wife said she would marry him. Wayne took care of his wife until she passed. They were married 52 years.

Wayne was a Teacher. His adult hobbies were work! He loved working. He also enjoyed traveling with his wife. They traveled to all 48 states twice, and the most fascinating place was Colorado.

Wayne was most influenced by his mom. His favorite song is "Unchained Melody." One thing most people do not know about him is that he is a nice guy. His greatest accomplishment is that he did not turn out like either of his siblings. The three traits that define him are modest, friendly and giving. One thing Wayne could not live without is friendships. The greatest challenge he has had to overcome is treating people right who have treated him wrong. If he could tell himself something at age 13, it would be "don't believe everything you hear." If he could witness any historical event, it would be the eruption of Mt. St. Helens. If Wayne had to eat one meal for the rest of his life, it would be banana pudding!

Wayne's favorite thing about living at the Barrington is the friendliness of the staff and residents. His words of wisdom are "always do what is right."



## WE'RE LOOKING FORWARD TO *elf on the shelf*

HE'S BACK!

Join in the holiday tradition of our Elf on the Shelf Game! You never know where you might find him or what mischievous things he'll be up to!



## IT'S OUR PLEASURE TO SERVE YOU ... *word from your leadership team*

Wishing you and your families a warm and jolly holiday season!

TRAIN YOUR BRAIN search for games

S	E	O	N	I	M	O	D	M	X	M	P
S	C	H	E	C	K	E	R	S	G	I	S
E	M	A	H	J	O	N	G	G	N	C	D
H	O	S	O	C	C	E	R	G	R	H	C
C	N	E	P	L	R	S	P	A	F	O	F
H	O	G	I	U	G	O	B	S	L	C	O
A	P	A	N	E	N	B	Q	D	O	K	O
R	O	B	O	G	L	D	M	U	G	E	T
A	L	B	C	E	S	A	D	O	E	Y	B
D	Y	I	H	S	I	N	N	E	T	T	A
E	G	R	L	D	S	R	U	G	B	Y	L
S	D	C	E	B	A	S	E	B	A	L	L

- Baseball
- Charades
- Checkers
- Chess
- Clue
- Cribbage
- Croquet
- Dominoes
- Football
- Hockey
- Golf
- Mahjong
- Monopoly
- Old Maid
- Ping Pong
- Pinochle
- Rugby
- Scrabble
- Seecer
- Tennis



BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- BAR/LOBBY — BL
- COMMUNITY-WIDE — CW
- DINING ROOM — DR
- FITNESS CENTER — FC
- FOURTH FLOOR LIBRARY — L
- FOURTH FLOOR LOBBY — 4FL
- FOURTH FLOOR THEATER — T
- FRONT DESK — FD
- OUTING — O
- PATIO — P
- PRIVATE DINING ROOM — PDR
- SECOND FLOOR — SF
- SECOND FLOOR CLINIC — C
- SECOND FLOOR COMMON AREA — SCA
- THIRD FLOOR — TF
- THIRD FLOOR ARTS AND CRAFTS ROOM — AR
- THIRD FLOOR HOBBY ROOM — HR
- THIRD FLOOR LOBBY — 3FL

BIRTHDAYS THIS MONTH

- TOSH OKAMOTO — 3rd
- GLORIA BELSHALSKE — 3rd
- JAMIE MCCRATE — 6th
- JOE BRENNAMAN — 13th
- MARILYN BOOTHE — 17th
- JIM KIRK — 20th

TRANSPORTATION SCHEDULE

- TUESDAY, WEDNESDAY & THURSDAY  
9 a.m.-4 p.m.  
Doctor Appointments and Errands
- FRIDAY  
1-4 p.m.  
Doctor Appointments and Errands



www.SeniorLifestyle.com  
Activities are subject to change



“A good way to remedy a cold morning is to have a warm heart.”  
—Keith Wynn

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up, Independent Exercise | FC **5**
- 11:00 ● Mah Jongg | AR
- 2:00 ● Non Denominational Church Service | DR
- 3:00 ● Ice Cream Treats | BL
- 3:15 ● Kings in the Corner | HR
- 6:30 ● Christmas Classics Movie Night | T
- 8:00 ● St. Nicholas Eve — See Flyer for Details | CW

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up, Independent Exercise | FC **12**
- 11:00 ● Mah Jongg | AR
- 12:00 ● Piano Music with Keliang Yao | BL
- 2:00 ● Non Denominational Church Service | DR
- 3:00 ● Ice Cream Treats | BL
- 3:15 ● Kings in the Corner | HR
- 6:30 ● Christmas Classics Movie Night | T

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up, Independent Exercise | FC **19**
- 11:00 ● Mah Jongg | AR
- 12:00 ● Catholic Communion | L
- 2:00 ● Non Denominational Church Service | DR
- 3:00 ● Ice Cream Treats | BL
- 3:15 ● Kings in the Corner | HR
- 6:30 ● Christmas Classics Movie Night | T

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up, Independent Exercise | FC **26**
- 11:00 ● Mah Jongg | AR
- 12:00 ● Piano Music with Keliang Yao | BL
- 2:00 ● Non Denominational Church Service | DR
- 3:00 ● Ice Cream Treats | BL
- 3:15 ● Kings in the Corner | HR
- 6:30 ● Christmas Classics Movie Night | T

- 9:00 ● Coffee Social | BL
- 10:00 ● Left Center Right — 50 Cents to Play | AR **6**
- 10:00 ● Kroger — Sign Up | O
- 11:00 ● Staying Fit with Tracey | 4FL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Nutcracker Bingo — .50 Cents to Play | DR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 6:30 ● Rosary | AR
- 7:00 ● Community Fellowship | AR

- 9:00 ● Coffee Social | BL
- 10:00 ● Left Center Right — 50 Cents to Play | AR **13**
- 10:00 ● Kroger — Sign Up | O
- 11:00 ● Staying Fit with Tracey | 4FL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Bingo — 50 Cents to Play | DR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 6:30 ● Evening Entertainment with Mike Pendell | BL
- 6:30 ● Rosary | AR
- 7:00 ● Community Fellowship | AR

- 9:00 ● Coffee Social | BL
- 10:00 ● Left Center Right — 50 Cents to Play | AR **20**
- 10:00 ● Kroger — Sign Up | O
- 11:00 ● Staying Fit with Tracey | 4FL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Sharonville Community Chorus | BL
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 6:30 ● Rosary | AR
- 7:00 ● Community Fellowship | AR

- 9:00 ● Coffee Social | BL
- 10:00 ● Left Center Right — 50 Cents to Play | AR **27**
- 10:00 ● Kroger — Sign Up | O
- 11:00 ● Staying Fit with Tracey | 4FL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Bingo — 50 Cents to Play | DR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 6:30 ● Rosary | AR
- 7:00 ● Community Fellowship | AR

- 9:00 ● Coffee Social | BL
- 10:00 ● Muscle Max | 4FL **7**
- 11:00 ● Poker | 3FL
- 1:00 ● Noodle Ball with April | BL
- 2:00 ● Creative Christmas Card Making — Sign Up | HR
- 3:30 ● Happy Hour | BL
- 5:30 ● Music with Alex | BL
- 6:00 ● Christmas Lights at Pyramid Hill — Sign Up | O
- 6:30 ● Documentary/Travel Movie Night | T

- 9:00 ● Coffee Social | BL
- 10:00 ● Muscle Max | 4FL **14**
- 11:00 ● Bible Study | AR
- 1:00 ● Noodle Ball with April | BL
- 2:00 ● Gardening with Jeanne — Sign Up | AR
- 3:30 ● Happy Hour | BL
- 4:30 ● Dinner @ Bonefish Grill & Christmas Lights/Sign Up | O
- 5:30 ● Music with Alex | BL
- 6:30 ● Documentary/Travel Movie Night | T

- WINTER BEGINS **21**
- 9:00 ● Coffee Social | BL
- 10:00 ● Muscle Max | 4FL
- 11:00 ● Poker | 3FL
- 12:00 ● White Elephant Gift Exchange & Pizza Party/Sign Up | HR
- 2:15 ● Christmas Cookie Decorating — Sign Up | HR
- 3:30 ● Happy Hour | BL
- 5:30 ● Music with Alex | BL
- 6:30 ● Documentary/Travel Movie Night | T

- 9:00 ● Coffee Social | BL
- 10:00 ● Muscle Max | 4FL **28**
- 11:00 ● Bible Study | AR
- 1:00 ● Noodle Ball with April | BL
- 2:00 ● Cincinnati Museum Center Presents “Getting There” | T
- 3:30 ● Happy Hour | BL
- 5:30 ● Music with Alex | BL
- 6:30 ● Documentary/Travel Movie Night | T

- 9:00 ● Coffee Social | BL
- 9:30 ● Elf on the Shelf Game Begins! | CW **1**
- 10:30 ● Kings in the Corner | HR
- 10:30 ● Lunch at the China Cottage — Sign Up | O
- 1:00 ● Menu Chat with Chef Angie | DR
- 2:00 ● Holiday Tree Craft — Sign Up | AR
- 3:30 ● Happy Hour | BL
- 5:30 ● Music with Alex | BL
- 6:30 ● Mexican Train Dominoes | HR
- 6:30 ● Night at the Movies | T

- 9:00 ● Coffee Social | BL
- 9:00 ● Mid Pointe Library Book Exchange | CW **8**
- 10:30 ● Holiday Game Time | BL
- 2:00 ● Storytelling with James | HR
- 3:30 ● Ugly Sweater Happy Hour with Edde Osborne | BL
- 5:30 ● Music with Alex | BL
- 6:30 ● Mexican Train Dominoes | HR
- 6:30 ● Night at the Movies | T

- 9:00 ● Coffee Social | BL
- 10:30 ● Gingerbread House Creations & Contest | AR **15**
- 2:00 ● That Creative Chic — Christmas Jewelry — Sign Up | AR
- 3:30 ● Happy Hour | BL
- 5:30 ● Music with Alex | BL
- 6:30 ● Mexican Train Dominoes | HR
- 6:30 ● Night at the Movies | T
- 7:00 ● Delta Kings | BL

- 9:00 ● Coffee Social | BL
- 10:00 ● Shopping at Walmart — Sign Up | O **22**
- 2:00 ● Santa Social | BL
- 3:30 ● Happy Hour | BL
- 5:30 ● Music with Alex | BL
- 6:30 ● Mexican Train Dominoes | HR
- 6:30 ● Night at the Movies | T

- 9:00 ● Coffee Social | BL
- 10:30 ● Lunch at the Half Day Cafe — Sign Up | O **29**
- 10:30 ● Kings in the Corner | HR
- 2:00 ● Crafty Creations — Felt Snowman Pins — Sign Up | HR
- 3:30 ● Happy Hour | BL
- 5:30 ● Music with Alex | BL
- 6:30 ● Mexican Train Dominoes | HR
- 6:30 ● Night at the Movies | T

- 9:00 ● Stan the Donut Man Coffee Social | BL **2**
- 10:00 ● Muscle Max | 4FL
- 11:00 ● Brain Health Games | HR
- 1:30 ● Bridge | AR
- 2:00 ● Pokeno — \$1 to Play | HR
- 3:30 ● Happy Hour with Al Danis | BL
- 6:30 ● Night at the Movies | T

- 9:00 ● Graeter’s Coffee Social | BL **9**
- 10:00 ● Muscle Max | 4FL
- 11:00 ● Kings in the Corner | HR
- 1:30 ● Bridge | AR
- 2:00 ● Barrington Book Club | HR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 7:00 ● Circle Singers | BL

- 9:00 ● Servatii Coffee Social | BL **16**
- 10:00 ● Muscle Max | 4FL
- 11:00 ● Brain Health Games | HR
- 1:30 ● Bridge | AR
- 2:00 ● Pokeno — \$1 to Play | HR
- 3:30 ● Poinsettia Happy Hour with Right @ Home Healthcare | BL
- 6:30 ● Night at the Movies | T

- 9:00 ● Marcella’s Donuts Coffee Social | BL **23**
- 9:00 ● Nutcracker Hunt — 1 Per Resident | CW
- 10:00 ● Muscle Max | 4FL
- 11:00 ● Kings in the Corner | HR
- 1:30 ● Bridge | AR
- 2:00 ● Pokeno — \$1 to Play | HR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

- 9:00 ● Krispy Kreme Donuts Coffee Social | BL **30**
- 10:00 ● Muscle Max | 4FL
- 11:00 ● Brain Health Games | HR
- 1:30 ● Bridge | AR
- 2:00 ● Pokeno — \$1 to Play | HR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

- 9:00 ● Coffee Social | BL
- 10:00 ● Shopping at Walmart, Sign Up | O **3**
- 12:00 ● Communion | 4FL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Pennies in the Pot | 3FL
- 3:00 ● Weekend Fun Packet Room Pass | CW
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 7:00 ● BINGO with Curt — 50 Cents to Play | HR

- 9:00 ● Coffee Social | BL
- 10:00 ● Shopping at Walmart, Sign Up | O **10**
- 12:00 ● Communion | 4FL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Pennies in the Pot | 3FL
- 2:00 ● Art for Everyone with Jenny Hall, Sign Up | AR
- 3:00 ● Weekend Fun Packet Room Pass | CW
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 7:00 ● BINGO with Curt — 50 Cents to Play | HR

- 9:00 ● Coffee Social | BL
- 10:00 ● Shopping at Walmart, Sign Up | O **17**
- 12:00 ● Communion | 4FL
- 1:30 ● Piano Tunes with Blaine | BL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Pennies in the Pot | 3FL
- 3:00 ● Weekend Fun Packet Room Pass | CW
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 7:00 ● BINGO with Curt — 50 Cents to Play | HR

- CHRISTMAS EVE **24**
- 9:00 ● Coffee Social | BL
- 10:30 ● Santa’s Ball of Gifts Game | BL
- 12:00 ● Communion | 4FL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Pennies in the Pot | 3FL
- 3:00 ● Weekend Fun Packet Room Pass | CW
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T
- 7:00 ● BINGO with Curt — 50 Cents to Play | HR

- NEW YEAR’S EVE **31**
- 9:00 ● Coffee Social | BL
- 10:00 ● Shopping at Walmart, Sign Up | O
- 12:00 ● Communion | 4FL
- 1:30 ● Milk & Cookies | BL
- 2:00 ● Pennies in the Pot | 3FL
- 2:00 ● As the Story Goes with Rita | AR
- 3:00 ● Weekend Fun Packet Room Pass | CW
- 3:30 ● New Year’s Eve Social with the Main Street Band | BL
- 6:30 ● New Year’s Eve Movie Night | T
- 7:00 ● BINGO with Curt — 50 Cents to Play | HR

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up: Independent Exercise | FC **4**
- 10:30 ● Left Center Right — 50 Cents to Play | AR
- 1:30 ● Snack Time: “Chex Mix” | BL
- 2:00 ● Resident-Led Bingo — 50 Cents to Play | DR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up: Independent Exercise | FC **11**
- 10:30 ● Left Center Right — 50 Cents to Play | AR
- 1:30 ● Snack Time: “Chex Mix” | BL
- 2:00 ● Resident-Led Bingo — 50 Cents to Play | DR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up: Independent Exercise | FC **18**
- 10:30 ● Left Center Right — 50 Cents to Play | AR
- 1:30 ● Snack Time: “Chex Mix” | BL
- 2:00 ● Resident-Led Bingo — 50 Cents to Play | DR
- 3:30 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

- CHRISTMAS DAY **25**
- 9:00 ● Christmas Morning Coffee Social | BL
- 10:00 ● Morning Warm-Up: Independent Exercise | FC
- 10:30 ● Left Center Right — 50 Cents to Play | AR
- 1:30 ● Snack Time: “Chex Mix” | BL
- 1:30 ● Christmas Day Matinee | T
- 2:00 ● Resident-Led Bingo — 50 Cents to Play | DR
- 6:00 ● Christmas Movie Night | T





RECAP: HOW WE STAYED CONNECTED THIS MONTH

# halloween fun at the barrington!



Raggedy Ann



Halloween gnomes



Cutest couple



Masked BINGO Caller

## THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION,  
RESPECT, TEAMWORK

TINA PING was born Nov. 24, 1966 in Cincinnati, Ohio. She has an older sister. Growing up, she enjoyed camping with her parents and going to Kings Island with her friends. Her best childhood memory is spending time with her parents. Tina attended Heritage Baptist High School, where she played volleyball.



Tina is married to Jim. They have three children and four grandchildren. They enjoy traveling, and Key West has been the most fascinating place they have visited thus far. They have a trip planned out west, so this may change! When not working, Tina enjoys exercising. Her best adult memory is of her parents, who have both passed.

Tina is most influenced by her husband. One thing most people do not know about her is that her favorite food is Italian. Besides her family, she is most proud of her good work ethic. Three traits that define her are compassionate, polite and generous. One thing she could not live without is her family. The greatest challenge she has had to overcome has been the COVID pandemic. The most important innovation she has witnessed has been the cell phone. If she could do another job for just one day, she would be a Veterinarian. If she could tell herself something at age 13, it would be "go to college." If she could witness any historical event, it would be Martin Luther King Jr.'s speech or the Live Aid Concert 1985. If she had to eat one meal for the rest of her life, it would be pizza! Tina is happiest when she is being productive and when she's with her family.

Tina has worked at the Barrington for three months. If she could switch jobs with anyone, it would be nursing. Her favorite part about working here is the residents. She loves them all! Tina defines success as trying your best at whatever it is your doing. Her words of wisdom are "It's not the years in your life that count, it's the life in your years."

## MANAGEMENT TEAM

Stephanie Wehrman, *Executive Director*

Tracy Long, *Director of Resident Programs*

Julia White, *Business Office Manager*

Shelaugh O'Bryan, *Director of Sales & Marketing*

Angie Gray, *Dining Services Director*

Dave Schwierjohann, *Director of Plant Operations*

Jessica Baker, *Health and Wellness Director*

Jessica Overbey, *Resident Program Assistant*

## TRAIN YOUR BRAIN *solution*



SENIOR  
LIFESTYLE

your life, your style



PET  
FRIENDLY